

FREEDOM

to write



Freedom to Freedom from Freedom by Freedom with

Student Sheet 4 – Fuller model

Freedom to skateboard a glide
Freedom from feeling nervous
Freedom by taking my time
Freedom with being left alone

Freedom to un-answer a question
Freedom from listening to them
Freedom by looking ahead
Freedom with an idea of mine

Freedom to eat breakfast at noon
Freedom from noticing the time
Freedom by a way I smile
Freedom with thoughts inside

Freedom to ask for help again
Freedom from others' control
Freedom by having an opinion
Freedom with emotions untied

Freedom to walk when I run
Freedom from outside the within
Freedom by taking that turn
Freedom with helping myself

Freedom to write this poem
Freedom from a tyranny of lies
Freedom by choosing my friends
Freedom with the touch I know