

Hand Poems



Activity 3 - Hand Trace

Here's a simple idea: trace a hand with fingers outstretched onto a piece of paper. Inside the outline of each finger, write a word that describes the character/personality of the person whose hand has been traced. This would be a good time to use a thesaurus to find more interesting and perhaps precise words to describe 'kind', 'generous' or 'funny'!

Add other descriptions related to the five words printed inside each finger outline. Write these phrases following the contours of the fingers and the rest of the hand. In this way you'll produce a shape poem using the hand as a starting point for writing a detailed and hopefully illuminating portrait of a person.



Two Hands

Vincent Van Gogh